



Attention Members and Guests

*****UPDATE FROM EASTSIDE CENTRE – MARCH 20, 2020*****

Based on Governor Pritzker's Executive Order, the EastSide Centre gym and fitness facility will be closed to the public as of **5PM March 20, 2020** until further notice.

During this time all memberships will be placed on hold (membership freeze). Also, during this time that we are closed the gym will be professionally cleaned to ensure a safe environment for when we return. We want to protect our members, the community and our staff by doing what we can to help end the spread of this virus.

Our daily routines have changed in unexpected ways, and we know that people want to remain active during this time. Our fitness staff will be sharing exercises for home and other tips to stay active through our EastSide Centre Facebook page (facebook.com/eastsidecentre). Our Les Mills and Silver Sneaker partners are offering free workouts as well and those will be linked on our Facebook page.

At this time, Athletico Physical Therapy will continue to see scheduled patients in our facility using the entrance beneath the Athletico awning. Please contact their office directly for any questions or concerns – (309) 694-7561.

Again, thank you for your understanding. Stay safe and healthy. We will see you soon!

EastSide Centre