



**ARE YOU
READY TO
SWEAT?**

GROUP TRAINING WITH BARBIE

JAN. 9, 2023-FEB. 15, 2023
MONDAY/WEDNESDAY @ 5:30PM
MEMBER & NON-MEMBER

6 WEEKS
12 SESSIONS (2 PER WEEK)
\$160 PER PERSON
SPACE LIMITED
REGISTER AT THE FRONT
DESK NOW!



☒ **STRENGTH** ☒ **WEIGHTS** ☒ **CARDIO** ☒ **AND MORE**