

# PERSONAL TRAINING INFORMATION

## INDIVIDUAL SESSION

MEMBER	\$35
NON-MEMBER	\$45

## SESSION PACKAGES

PACKAGE	MEMBER	NON-MEMBER
4 SESSIONS	\$130	\$170
8 SESSIONS	\$240	\$320
12 SESSIONS	\$336	\$456

## Contact Our Trainers

**Max Murphy**

**Fitness Manager**

maxwellmurphy@cityofeastpeoria.com

309-427-7648

**Barbie Tiesman**

**Fitness Coordinator**

barbietiesman@cityofeastpeoria.com

309-427-7774

Hiring a personal trainer is an investment. The returns you will receive are a high-quality, goal-driven program guided by an expert trainer. Experience a personalized training program designed to meet your needs and abilities.

Your first session is on us! We want you to have an opportunity to experience a workout before committing.

Get started with us today!



1 Eastside Dr.

East Peoria, IL

309-698-5437

[www.eastsidecentre.com](http://www.eastsidecentre.com)



@eastsidecentre